

ALL DAY



BRUNCH

FAVOURITES

Full English Breakfast with 2 Cumberland Sausages, 2 Fried Eggs, 2 Bacon, Tomato, Black Pudding, Mushroom, Baked Beans and Toast.	17-
Smaller English Breakfast - as above but with only 1 of each item	13-
Full Canadian with 2 Cumberland Sausages, 2 Bacon, 2 Pancakes, Scrambled Eggs, Maple Syrup and Toast.	17-
Eggs Benedict / Royale / Hebridean / California served on an English Muffin	14.5-
Smoked Salmon and Scrambled Eggs on Sourdough Toast	18-
Smoked Salmon, Truffle Scrambled Eggs on Sourdough Toast	27-
2 Eggs - any style with Sourdough Toast	9.3-
Bacon Sandwich / Sausage Sandwich	9.3-

SIDES

1 x Sausage or Bacon or Black Pudding	2.5-
Baked Beans	2-
Smashed Avocado	4-
Scottish Smoked Salmon	6-
2 x Hash Browns	2.5-
1 x Egg - poached or fried	2.5-
Triple Cooked Chips	6-

Fruit Juice

Still Apple Juice / Still Pear Juice	4.2-
Sparkling Apple Juice	4.4-
Blueberry Juice	5.5-
Freshly Squeezed Orange Juice	5.2-

Smoothies

Banana & Strawberry	7-
Mango & Passionfruit	7-
Mixed Berries	7-
Kale, Spinach, Celery, Banana & Pineapple	7-

VEGETARIAN

Shakshuka	13.5-
Healthy Option Breakfast with 2 Sausages, Mushroom, Cherry Tomatoes, Baked Beans, 2 Poached Eggs and Toast.	17-
Vegan-Friendly Breakfast (as above with Scrambled Tofu instead of Eggs)	17-
Smashed Avocado on Sourdough Toast	12-
Smashed Avocado on Sourdough Toast with 2 Poached Eggs	14-

BATTER

2 Waffles & Soft Fruits	13-
2 Waffles, Chocolate and Hazelnuts	14-
2 Waffles, 2 Bacon and 2 Kentish Eggs	17-
5 Buttermilk Pancake Stack with Maple Syrup or Matcha	13.5-
8 Fully Loaded Buttermilk Pancakes Stacked with Marshmallows, Biscuit Crumb, Chocolate, Hot Fudge Sauce and Ice Cream	16.5-

DRINKS

Fizz

Mimosa	10-
Laurent-Perrier La Cuvée	14-
Aperol Spritz	12-
Café Nucleus No. 5 Kentish Sparkling	8.5-

Marys

Temperance Mary (0%)	8.5-
Bloody Mary	12-
Spicy Red Snapper	12-
Dirty Mary	12-

We charge a 12% service charge which is distributed evenly amongst all members of our team

CAFÉ NUCLEUS RAINHAM, 35A HIGH STREET, RAINHAM. ME8 7HS

ALL DAY



LUNCH

STARTERS AND SMALL PLATES

Gravlax with Rye Bread	12-	Shredded Duck and Hazlenut Salad	12-
Baked Camembert with Hot Honey and Freshly Baked Sourdough.	13-	Soup du Jour	9-
Iberico Chorizo in Red Wine	12-	Bruschetta	8-
5 Pan-Fried Wild Garlic Prawn	10-	Heirloom Tomato & Feta Salad	10-
		Thai Style Beef Salad (Larb)	12-

FIELD

*uncooked weight

Minute Steak	18-
Sirloin 8oz*	27-
Fillet 6oz*	35-

All served with a choice of: Triple Cooked Chips or Mashed Potatoes or New Potatoes or Salad

And: Hollandaise / Truffle Hollandaise / Peppercorn Sauce / Café de Nucleus Butter

WAVES

Oven Roasted Teriyaki Salmon with White Rice, Edamame, Avocado and Cucumber	18-
Lemon Sole with Butter Caper Sauce, New Potatoes and Samphire	18-
Beer Battered Cod with Triple Cooked Chips and Mushy Peas	18-
Roast Cod with Romesco Sauce and chorizo	18-

FAVOURITES

Served with Mashed Potatoes & Seasonal Vegetables

Lamb Shank	23-
Braised Kentish Beef Brisket	19.5-
Roast Chicken Supreme	19-
Vegan Moroccan Tart	19-

Served with Triple Cooked Chips

Ham, Egg and Chips	15-
Quarter Pounder Beef Burger and Salad	16-
Nucleus Club Sandwich	19-
Portobello and Halloumi Burger and Salad	17-

SIDES

Triple Cooked Chips	6-
Truffle and Parmesan Triple Cooked Chips	7-
Garden Salad	6-
Chicken Supreme	5.5-
Grilled Halloumi	4.5-
Scottish Smoked Salmon	6-
Toasted Sourdough and Preserves	5-
Heirloom Tomato and shallot salad	6-
Tenderstem Broccoli	7-

We charge a 12% service charge which is distributed evenly amongst all members of our team

CAFÉ NUCLEUS RAINHAM, 35A HIGH STREET, RAINHAM. ME8 7HS

ALL DAY



LITE BITES

SANDWICHES

Served with White or Malted Bloomer

Cheddar & Caramelised Red Onion	10-
Cheddar & Kentish Honey Roast Ham	10-
Tuna Mayonnaise	10.5-
Bacon, Lettuce & Tomato	11-
Chicken, Lettuce & Tomato	12-
Pastrami, Dill Pickles & Mustard Mayo	12-
Smoked Salmon & Cream Cheese	14-

COLD

Served with Sourdough

Halloumi, Avocado & Lime Salad	15-
Colton Bassett Stilton, Pear & Walnut Salad	15-
Houmous & Roasted Vegetable Salad	15-
Chicken, Avocado & Bacon Salad	17-
Prawn, Avocado & Marie Rose Salad	19-

CHEESE

3 Cheese Signature Cheeseboard served with Artisan Crackers and Sourdough	12-
Sharing Cheese & Charcuterie Board served with Artisan Crackers and Sourdough	28-

HOT BEVERAGES

Espresso	3.3-
Doppio Espresso	3.6-
Americano	4-
Cappuccino	4-
Flat White	4-
Latte	4-
Vanilla Latte	4.7-

PANINI

Cheddar & Kentish Honey Roast Ham	10-
Tuna Mayonnaise & Cheddar Cheese	10.5-
Brie, Bacon & Cranberry	10.5-
Goats Cheese & Caramelised Red Onions	10-
Pastrami & Emmental	10-

CREAM TEAS

Traditional Cream Tea with 1 Fruit Scone, Rodda's clotted cream, Strawberry Preserve & a choice of tea.	10-
Traditional Cream Tea with 2 Fruit Scone, Rodda's clotted cream, Strawberry Preserve & a choice of tea.	12-

Caramel Latte	4.7-
Mocha	4.45-
Hot Chocolate	4.65-
Spiced/Vanilla Chai	4.45-
Japanese Matcha Latte	4.95-
Shot of Syrup	0.7-
English Breakfast Tea (Pot)	3.7-

ALL DAY



EVERY DAY

PUDDINGS

New York-Style Cheesecake	9-	Chocolate Mirrored Torte with Vegan Vanilla Ice Cream	9.5-
Two scoops of Kentish Ice Cream. Choose from Pistachio, Vanilla, Chocolate, Coffee, Peanut Brittle and Salted Caramel	6-	Crumble of the day with custard	10-
Gluten Free Sticky Toffee Pudding with Vanilla Ice Cream	9.5-	Sicilian Lemon Tart with Cornish Clotted Cream	9.5
		Millionaires Shortbread with Vanilla Ice Cream	10-

CHEESE

3 Cheese Signature Cheeseboard served with Artisan Crackers and Sourdough	12-
Sharing Cheese & Charcuterie Board served with Artisan Crackers and Sourdough	28-

HOT BEVERAGES

Espresso	3.3-	Caramel Latte	4.7-
Doppio Espresso	3.6-	Mocha	4.45-
Americano	4-	Hot Chocolate	4.65-
Cappuccino	4-	Spiced/Vanilla Chai	4.45-
Flat White	4-	Japanese Matcha Latte	4.95-
Latte	4-	Shot of Syrup	0.7-
Vanilla Latte	4.7-	English Breakfast Tea (Pot)	3.7-

SPECIALITY TEAS

Jing Single Garden Tea	4-	Harney & Sons Master Tea Blenders	4-
Fortnum & Mason Famous Teas	4.2-		

ALL DAY



BEVERAGES

Coca Cola / Diet Coke / Sprite / Fanta

4.3-

Luscombe Organic

Hot Ginger Beer / Wild Elderflower Bubbly / Sicilian Lemonade
Tonic / Light Tonic

4.65-

3.2-

Fever-Tree

Mediterranean / Ginger Ale / Lemonade

3.2-

Lemonaid

Blood Orange / Passionfruit

4.4-

Café Nucleus Mineral Water

Still / Sparkling - Small
Still / Sparkling - Large

3.2-

6-

Iced Coffee

Traditional
Flavoured

5.5-

6.2-

White Kentish Wines - 175ml

Serge 'The One' Chardonnay
Biddenden Bacchus
Café Nucleus No. 1

9-

9-

9-

Red Kentish Wines - 175ml

Pinot Noir

14-

Café Nucleus Fruit Juices

Still Apple / Still Pear
Sparkling Apple

4.2-

4.4-

Freshly Squeezed Orange Juice
Blueberry Juice

5.2-

5.5-

Smoothies

Banana & Strawberry
Mango & Passionfruit
Mixed Berries
Kale, Spinach, Celery, Banana & Pineapple

7-

7-

7-

7-

Frappés

Vanilla / Strawberry / Vanilla / Caramel / Chocolate / Coffee / Red Velvet

6.5-

Kit-Kat / Bounty / Twix / Munchies / Crunchie

7.5-

Sparkling Rosé - Nucleus Winery - 125ml

Fizzy Rascal
Christina's Pole Position

8.5-

9.5-

Sparkling White - Nucleus Winery - 125ml

No. 5 The Sparkling Edition
Borstal Brut

8.5-

9.5-